

*Message From The  
Desk of Chairman  
Scientific Committee,*



Dear Colleagues,  
Warm Greetings,

I welcome you all to the City beautiful, City of roses and the Capital of Punjab and Haryana, Chandigarh. North Zone Ophthalmological Society is organizing its 32nd Annual conference in collaboration with Chandigarh Ophthalmological Society. Ophthalmology has grown tremendously over the years and it is important to keep pace with the newer developments in the field of ophthalmology. Here is a chance for you to keep updated with the latest in ophthalmology.

This year the submissions were open to faculty, residents and practicing ophthalmologist. Invitations were sent to all members, heads of departments of various medical colleges in all the states to participate in the conference. Submissions in various areas were received not only online, but by email also as suggested by management committee members during the last conference. A large number of renowned faculty from all over India are participating in the scientific deliberations of this conference to share their experiences.

Dr. S.S. Grewal oration was introduced 2 years back. This year, Dr. D Ramamurthy from Eye Foundation, Coimbatore will be delivering this prestigious oration. Dr AD Grover memorial oration, which is an integral part of scientific program of Chandigarh Ophthalmological Society will be delivered by Prof. Jagat Ram, Director, PGIMER Chandigarh.

Live surgery on various types of cataracts with implantation of various types of intraocular lenses will be shown to the delegates. A wet lab will be organised in the morning of 7th September to educate residents from various medical colleges about various procedures on retina, cornea and oculo-plasty.

More than 50 free papers were received this year and 38 of these have been selected for presentation. Besides this there will be a pot pourri of presentations for challenging cases, videos and E posters from participants. Residents who had publications in esteemed journals will also present their work in the Young achiever's session.

The organizing team, consisting of Dr. Sudesh Arya, Dr. Suresh Kumar, Dr. Subina Narang and Dr. Parul Ichhpujani have done their best to make this conference a success. I take this opportunity to thank the participating faculty, residents and all members of NZOS for their participation.

With best regards

Rakesh Kumar Bansal  
Chairman Scientific Committee

**NZOS EXECUTIVE**

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Dr. Arun Narayanswami	Dr. Chitra Ramamurthy	Dr. Vineet Ratra
Dr. Arup Chakarwari	Dr. Rajul Parikh	Dr. Viney Gupta
Dr. Atul Kumar	Dr. Shefali Parikh	Dr. Yogesh Shukla
Dr. D. Ramamurthy	Dr. Kamlesh	Dr. Rajinder Prasad
Dr. Mahipal Sachdev	Dr. Subash Dadeya	Dr. Alkesh Chaudhary
Dr. Sanjeev Arora	Dr. Sangeeta Abrol	Dr. Pradeep Sharma

**HOST FACULTY**

Dr. Amod Gupta	Dr. R.S. Chauhan	Dr. G.S. Mangat
Dr. Jagat Ram	Dr. Asha Sharma	Dr. Sujata Dwivedi
Dr. M.R. Dogra	Dr. Ramandeep Singh	Dr. Sunandan Sood
Dr. Sudesh Arya	Dr. Manpreet Singh	Dr. M.L. Pandey
Dr. Suresh Kumar	Dr. S.P. Singh	Dr. Ram Lal Sharma
Dr. R.K. Bansal	Dr. Amrita Singh	Dr. Rajeev Tuli
Dr. Parul Ichhpujani	Dr. Inder Rustagi	Dr. Karamjit Singh
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Dr. Arun Jain	Dr. Manisha Rathi	Dr. Neebha Anand
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Dr. Chintan Malhotra	Dr. Vishali Gupta	Dr. Gaurav Luthra
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Dr. Narinder Taneja	Dr. Ashok Sharma	Dr. Rohit Grover
Dr. J.P. Chugh	Dr. Kanwar Mohan	Dr. Sujata Grover
Dr. G.S. Bajwa	Dr. Srishti Raj	Dr. G.C. Rajput
Dr. Nitin Batra	Dr. Reema Bansal	Dr. Harjeet Sidhu
Dr. Gursatinder Singh	Dr. Neeti Gupta	Dr. Reena

**PROGRAM AT GLANCE** 7th September 2018, FRIDAY

TIME	TOPIC	FACULTY INCHARGE
10.00-1.00 PM	WET LAB: CORNEA (CL, DMEK) OCULOPLASTY (ENDO DCR) DIAGNOSTICS AND MEDICAL MANAGEMENT OF RETINA	Dr. SUDESH ARYA Dr. MANPREET, Dr. R.K. BANSAL Dr. SUBINA NARANG
1.30- 4.30 PM	LIVE SURGERY	Surgeons: Dr. Jagat Ram, Dr. Ramamurthy, Dr. Arun Jain, Dr. R.K. Bansal, Dr. Sanjeev Arora, Dr. Kapli Vohra, Dr. Gagandeep Brar Sponsors: Alcon, Biotech, Amo, Hoya, Appasamy Panelists: Dr. Sudesh Arya, Dr. Amit Gupta (PGI), Dr. Chitra Ramamurthy, Dr. Satanshu Mathur, Dr. Rohit Grover
5.00-6.00 PM	QUIZ	Dr. S.S. Pandav, Dr. Mohit Dogra, Dr. Savleen Kaur
7.00-8:00 PM	Management Committee Meeting	Dr. Suresh Kumar To Convene Hotel Mount View
8.00 PM	Dinner For Invited Faculty and Organising Committee	HOTEL MOUNT VIEW

8th September 2018, FRIDAY

TIME	HALL A	HALL B
8:30-10:00 AM	FREE PAPER SESSION 1	FREE PAPER SESSION 2
10:00-10:45 AM	SS GREWAL ORATION	
10:45-11:45 AM	INAGURATION	
11:45-12:00 PM	TEA	
12:00-1:30 PM	SESSION CATARACT	SESSION CORNEA
1:30-3:00 PM	SESSION GLAUCOMA	CHALLENGING CASES AND YOUNG ACHIEVER'S SESSION
3:00-4:30 PM	RETINA UPDATE	OPHTHALMIC PANORAMA
4:30-5:30 PM	OCULOPLASTY	STRABISMUS
5:30-6:15 PM	SONSORED PROGRAM	VAST
6:15-7:00 PM	GBM	
8:00 PM	BANQUET DINNER AT GRANDEUR RESORTS	

9th September 2018, FRIDAY

TIME	HALL A	HALL B
9.00-10.30 AM	Cataract and Refractive Surgery	FREE PAPER SESSION 3
10.30-11.15 AM	AD Grover Memorial Oration	RETINA AND UVEA UPDATE
11.15-12.30 PM	Pediatric Ophthalmology and Strabismus	GLAUCOMA UPDATE
12.30-1.30 PM	Keratoplasty Techniques	
1.30-2:30 PM	Debate: Lasik Vs Smile	1.30-2.00 PM BEST OF FREE PAPERS 2.00-2.30 PM YOUNG ACHIEVERS SESSION
02.30 PM	LUNCH	LUNCH

7th September, 2018 FRIDAY

**WET LAB**

10.00 AM-1.00 PM

**VENUE: DEPARTMENT OF OPHTHALMOLOGY  
LEVEL 4 BLOCK B, EYE OPD AND LEVEL 3, BLOCK D EYE OFFICE**

10.00-1.00 PM	WET LAB: CORNEA (CL, DSAEK) DIAGNOSTICS AND MEDICAL MANAGEMENT OF RETINAL DISORDERS OCULOPLASTY (ENDO DCR)	Dr. Sudesh Arya Dr. Subina Narang Dr. Manpreet, Dr. R.K Bansal
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7th September, 2018 FRIDAY

**LIVE SURGERY**

1:30 - 4:30 PM

**VENUE: SURGERY- EYE OT, LEVEL 3, BLOCK C  
TRANSMISSION: HALL A, BLOCK E, LEVEL 7**

1.30- 4.30 PM	SURGEONS	Dr. Jagat Ram, Dr. D Ramamurthy, Dr. Arun Jain, Dr. R.K Bansal, Dr. Sanjeev Arora, Dr. Kapil Vohra, Dr. Gagandeep Brar
	PANELISTS	Dr. Sudesh Arya, Dr. Amit Gupta (PGI), Dr. Chitra Ramamurthy, Dr. Satanshu Mathur, Dr. Rohit Grover
	SPONSORS	ALCON, AMO, APPASWAMY, BIOTECH, HOYA

7th September, 2018 FRIDAY

**QUIZ: HALL A**

5:00 - 6:00 PM

5.00-6.00 PM	QUIZ MASTERS	Dr. S.S. Pandav, Dr. Mohit Dogra, Dr. Savleen Kaur
	PARTICIPATING TEAMS	<b>CMC, Ludhiana:</b> 1. Dr. Amruth Lal 2. Dr. Navnoor Singh <b>GMCH-32, Chandigarh:</b> 1. Dr. Nimisha Nagpal 2. Dr. Smith Snehal <b>GMC, Patiala :</b> 1. Dr. Nidhi 2. Dr. Seema Yadav <b>DRPGMC, Tanda:</b> 1. Dr. Smriti 2. Dr. Kritika <b>UTTRAKHAND:</b> 1. Dr. Shalika 2. Dr. Aeshwarya <b>AEC, PGIMER, Chandigarh:</b> 1. Dr. Uday 2. Dr. Kiran Chandra <b>RIO PGIMS, ROHTAK :</b> 1. Dr. Ritesh Verma 2. Dr. Garima Gupta

7:00 PM

**MANAGEMENT COMMITTEE MEETING**  
HOTEL MOUNT VIEW, SECTOR-10

8:00 PM

**FACULTY DINNER**  
HOTEL MOUNT VIEW, SECTOR-10

8th September, 2018, SATURDAY

**HALL A**

FREE PAPERS SESSION-1

8:30-10:00 AM

**JUDGES: Dr. Sunandan Sood, Dr. Gursatinder Singh, Dr. Gurmeet Mangat, Dr. Subina Narang**

S. No.	PRESENTING AUTHOR	CO-AUTHORS	TITLE
1.	Dr. Mridu Aggarwal	Dr. Komal Singh	To investigate the incidence of ethambutol induced optic neuropathy prescribed at a relatively low dose
2.	Dr. Nimisha Nagpal	Dr. R.K.Bansal	Anatomical and functional gain post squint surgery in a tertiary care centre
3.	Dr. Keerthi Pai	Dr. Manisha Nada	A study on platelet indices and branch retinal vein occlusion.
4.	Dr. Anil Kumar Verma	Dr. Mitasha, Dr Anil Chauhan	Ocular biometric characteristics of patients undergoing cataract surgery in tribal district of Kinnaur
5.	Dr. Manjula Sharma	Dr. Sabia Handa, Dr. Manpreet Singh	Nasal endoscopy guided lacrimal intubation for persistent congenital nasolacrimal duct obstruction
6.	Dr. Nikita Gupta	Dr. Viney Gupta	Clinical profile of patients with normal tension juvenile open angle glaucoma
7.	Dr. Natasha Gautam Seth	Dr. Faisal Thattaruthody Dr. Ajay Jurangal Dr. S.S. Pandav	Intraoperative versus postoperative MMC application in glaucoma filtration surgery
8.	Dr. Gaurav Gupta	Dr. Jagat Ram, Dr. Vishali Gupta Dr. Ramandeep Singh	Efficacy of Intravitreal Dexamethasone Implant in Patients of Uveitis Undergoing Cataract Surgery
9.	Dr. Sanchi Vohra	Dr. Suresh Kumar Dr. Parul Ichhpujani	Ocular Surface Disease: Comparative safety of BAK preserved prostaglandins and Polyquaternium 1(Polyquad) preserved in patients of POAG
10.	Dr. Manpreet Kaur	Dr. Prabhawati Silva Dr. Srishti Raj Dr. S.S. Pandav	Predictors of adverse outcome in advanced glaucoma
11.	Dr. Shazia Qayum	Dr. Abhishek	To compare the effect of Prednisolone acetate ophthalmic suspension and Difluprednate Ophthalmic emulsion on post-operative inflammation after phacoemulsification with PCIOL implantation
12.	Dr. Madhuri Akella	Dr. Faisal Thattaruthody Dr. Nirbhai Singh Dr. S.S. Pandav	Understanding the impact of aqueous flow on wound healing process following Glaucoma filtering surgery (GFS).
13.	Dr. Atul Arora	Dr. Sushmita Kaushik Dr. S.S. Pandav Dr. Srishri Raj	Ability of Heidelberg Retinal Tomography(HRT) as a structural tool to detect progression in glaucoma suspects and glaucoma patients

8th September, 2018, SATURDAY

Dr. S.S. Grewal Oration

CHAIRPERSONS: Dr. Sudesh Arya, Dr. Suresh Kumar, Dr. R.K. Bansal, Dr. D. Ramamurthy

HALL A  
10:00-10:45 AM

1	INTRODUCTION TO AWARD	Dr. SURESH KUMAR, SECRETARY, NZOS	5 Mins.
2	INTRODUCTION OF THE ORATOR	Dr. M.L. PANDEY, PRESIDENT, NZOS	5 Mins.
3	ORATION Dr. D RAMAMURTHY	OPTIMISING OUTCOMES IN MODERN CATARACT SURGERY	20 Mins.
4	AWARD PRESENTATION AND VOTE OF THANKS	Dr. R.K. BANSAL, CHAIRMAN SCIENTIFIC COMMITTEE, NZOS	5 Mins.

8th September, 2018, SATURDAY

## INAGURATION

HALL A  
10:45-11:45 AM

Welcome Address by Chairman Organising Committee	Dr. Sudesh Arya	3 Mins.
Secretary Report	Dr. Suresh Kumar	5 Mins.
Chairman Scientific Committee Speech	Dr. R.K. Bansal	3 Mins.
Speech by Guest of Honor, Director Principal, GMCH	Dr. B.S. Chavan	5 Mins.
Address by Outgoing NZOS President		5 Mins.
Installation of New President, NZOS	Dr. M.L. Pandey	2 Mins.
Speech by Incoming President, NZOS	Dr. Arun Jain	5 Mins.
Speech by Chief Guest, Prof. Jagat Ram, Director, PGIMER		10 Mins.
Awards NZOS; Life Time Achievement Awards	Dr. Suresh Kumar To Announce Recipients: Dr. K.P. Chaudhary, Dr. R.K. Grewal	10 Mins.
Awards Best Paper, Challenging Case, E Poster	Dr. R.K. Bansal To Announce	10 Mins.
Vote Of Thanks	Dr. Subina Narang	3 Mins.

8th September, 2018, SATURDAY

SESSION: FREE PAPERS: SESSION 2

JUDGES: Dr. S.S. Pandav, Dr. Ram Lal Sharma, Dr. Suresh Kumar, Dr. Amit Gupta (PGI)

HALL B  
8:30 - 10:00 AM

S. No.	PRESENTING AUTHOR	CO-AUTHORS	TITLE
1	Dr. Kiran Chandra Kedariseti	Dr. Natasha Gautam Seth Dr. Srishti Raj Dr. S.S. Pandav	Long Term outcome of Ahmed Glaucoma Valve implantation in eyes undergoing Pars Plana Vitrectomy
2	Dr. Amit Gupta	Dr. Kapil Vohra	Muscle transplantation: An innovative way to tackle large angle deviations!!
3	Dr. Seema	Dr. G.C. Rajput, Dr. M.L. Pandey, Dr. Praveen Panwar	Retinal nerve fibre layer thickness of natives of high altitude versus low altitude.
4	Dr. Anusuya Bhattacharyya	Dr. Phulen Sarma	Visual and morphological changes following corneal collagen cross-linking treatment (C3R) in patients with progressive keratoconus: a prospective study in North east India.
5	Dr. Faisal T.T.	Dr. Natasha Gautam Seth, Dr. S.S. Pandav	Aqueous venting for Aurolab Aqueous Drainage Implant (AADI); Is it effective ? An in vitro study
6	Dr. Gunjan Sahni	Dr. M.L. Pandey, Dr. Vinod Sharma, Dr. Praveen Panwar	Analysis of macular RNFL and ganglion cell complex versus peripapillary RNFL by SD-OCT in normal and glaucomatous human eyes in Shimla Hills
7	Dr. Arshiya Saini	Dr. Sushmita Kaushik, Dr. Deepika Dhingra	Congenital ectropion uveae-an unsung red herring in Primary Congenital Glaucoma
8	Dr. Deepika Dhingra	Dr. Sushmita Kaushik, Dr. Gunjan Joshi	Newborn Glaucoma: Are we missing infection?
9	Dr. Suman Grover	Dr. Sushmita Kaushik, Dr. Deepika Dhingra, Dr. Gunjan Joshi	Outcome of Newborn Glaucoma presenting at a Tertiary care centre
10	Dr. Amruth Lal Yellamelli	Dr. GurvinderKaur, Dr. Arun Bhatti, Dr. Nitin Batra	Effect of cataract and uncorrected refractive error on quality of life
11	Dr. Anubha Ojha	Dr. Ram Lal Sharma	To determine the role of postoperative oral antibiotic use in preventing ocular infection after uncomplicated phacoemulsification
12	Dr. Sonia Phulke	Dr. Tushar Kumar, Dr. Punita Garg	To study the macular and retinal nerve fibre layer (RNFL) thickness as measured by OCT in amblyopic eyes.
13	Dr. Jasin Jaura	Dr. Nitin Batra, Dr. ArunBhatti	Management of dry eye in computer users- 0.5% Carboxymethyl Cellulose VS 0.3% Hydroxymethylcellulose

8th September, 2018, SATURDAY

SESSION : CATARACT

CHAIRPERSONS: Dr. Mahipal Sachdev, Dr. Jagat Ram, Dr. Gaurav Luthra, Dr. Gagandeep Brar

HALL A

12:00 - 1:30 PM

1	Dr. Mahipal Sachdev	Pushing The Limit In FLACS	10 Mins.
2	Dr. Arun Jain	Prevention of Argentina Flag	10 Mins.
3	Dr. Rajinder Prasad	T Soft: New Surgical Technique For Soft Cataract	10 Mins.
4	Dr. Chitra Ramamurthy	How I Would Deal With Toric IOL Complications	10 Mins.
5	Dr. Gagandeep Brar	Intraoperative Floppy Iris Syndrome: Tips And Tricks	8 Mins.
6	Dr. Amit Raj	Phacoemulsification In Small Pupil: Newer Advancements	8 Mins.
7	Dr. R.K. Bansal	Toric IOLs VS LRI For Astigmatism Management	8 Mins.
8	Dr. Neelima Sodhi	Dealing With White Cataracts	8 Mins.
9	Dr. Inder Rustagi	Score Excellent In Uveitis Cataract	8 Mins.
10	Dr. B.S. Bhaura	Phaco Made Possible with Chandelier Light From Pars Plana In Semi-opaque Corneas	8 Mins.

8th September, 2018, SATURDAY

SESSION GLAUCOMA

CHAIRPERSONS: Dr. S.S. Pandav, Dr. Suresh Kumar, Dr. Arun Narayanswami, Dr. Viney Gupta, Dr. Sangeeta Abrol

HALL A

1:30 - 3:00 PM

1	Dr. Arun Narayanswami	Imaging versus gonioscopy in the management of glaucoma	10 Mins.
2	Dr. Rajul Parikh	OCT in Glaucoma: Interpretation And Limitation	8 Mins.
3	Dr. Manish Shah	Clinical Approach to Pre-Perimetric Glaucoma	8 Mins.
4	Dr. Sushmita Kaushik	Overview of Medical management of Glaucoma	8 Mins.
5	Dr. Shefali Parikh	Pearls in glaucoma progression	8 Mins.
6	Dr. Suresh Gupta	AADI: When and How?	8 Mins.
7	Dr. Srishti Raj	Management of Complications of Glaucoma Drainage Devices	8 Mins.
8	Dr. Vineet Ratra	Glaucoma following Vitreo retina Surgeries	8 Mins.
9	Dr. Viney Gupta	Genetics: What the clinician should know	8 Mins.
10	Dr. Parul Ichhpujani	Pros and Cons of Lens Extraction for Angle Closure Glaucoma	8 Mins.
11		DISCUSSION	8 Mins.

(LUNCH WILL BE ONGOING FROM 1:30 - 3:00 PM)

8th September, 2018, SATURDAY

SESSION: CORNEA

CHAIRPERSONS: Dr. Arun Jain, Dr. R.S. Chauhan, Dr. C.S. Dhull, Dr. Amit Gupta (PGI)

HALL B

12:00 - 1:30 PM

S. No.	FACULTY	TOPIC	TIME
1	Dr. Mahipal Sachdev	Advances In Cross Linking	15 Mins.
2	Dr. Sudesh Arya	Current Concepts In The Management of PUK	10 Mins.
3	Dr. Satanshu Mathur	What is new in Dry Eye Understanding and Management	10 Mins.
4	Dr. Ashok Sharma	Pediatric Corneal Transplants: Challenges and Outcome	10 Mins.
5	Dr. Amrita Singh	Interventions For Recurrent Corneal Erosions	8 Mins.
6	Dr. Neeti Gupta	Glycerol Preserved Cornea For Emergency Transplant	8 Mins.
7	Dr. Sujata Dwivedi	Therapeutic Keratoplasty: A Beauty	8 Mins.
8	Dr. Ashish Ahuja	Iatrogenic Dry Eye: Recent Perspectives	8 Mins.
9	Dr. R.S. Chauhan	Corneal Tear Repair: The Golden Rules	8 Mins.
		Discussion	5 Mins.

8th September, 2018, SATURDAY

SESSION: CHALLENGING CASES

JUDGES: Dr. Sushmita Kaushik, Dr. Manisha Rathi, Dr. Sujata Grover, Dr. Parul Ichhpujani

HALL B

1:30 - 2:30 PM

S. No.	PRESENTING AUTHOR	CO-AUTHORS	TITLE
1	Dr. Himanshi	Dr. Manpreet Singh Dr. Pankaj Gupta Dr. Zoramthara Zadeng	Medical treatment of eyelid squamous cell carcinoma (SCC)
2	Dr. Atul Arora	Dr. Sushmita Kaushik Dr. Ramandeep Singh	Tubercular choroidal granuloma presenting as acute angle closure
3	Dr. Arshiya Saini	Dr. Sushmita Kaushik Dr. Deepika Dhingra	Newborn Glaucoma: Do not Forget Infections
4	Dr. Rachana Gahlawat	Dr. Manisha Rathi Dr. Sumit Sachdeva Dr. Geetanshu	Importance of incidental detection of Bitot's spots
5	Dr. Deepika Dhingra	Dr. Sushmita Kaushik Dr. Gunjan Joshi Dr. S.S. Pandav	Mysterious constellation of signs in a pre-term infant with glaucoma in -utero
6	Dr. Aditi Mehta	Dr. Usha Singh	Challenging large vascular malformation in an adult

8th September, 2018, SATURDAY

SESSION : RETINA UPDATE

CHAIRPERSONS: Dr. Amod Gupta, Dr. Atul Kumar, Dr. Sunandan Sood, Dr. Subina Narang

HALL A

3:00 - 4:30 PM

1	Dr. Amod Gupta	Key Note Address: Respect The Autonomy of Patients	12 Mins.
2	Dr. Atul Kumar	Retinal Imaging-relevance of FA & ICG Angiography In OCT era	10 Mins.
3	Dr. Vishali Gupta	OCT Angiography In Day To Day Practice	10 Mins.
4	Dr. G.S. Bajwa	23 G Vitrectomy- Where Are We Now	10 Mins.
5	Dr. Sunandan Sood	Pearls in the Management of Post Surgical Endophthalmitis	8 Mins.
6	Dr. Sangeet Mittal	Povidone Iodine Infusion During Vitrectomy for Endophthalmitis	8 Mins.
7	Dr. Ramandeep Singh	Diagnosis of Viral Retinitis-clinical Clues	8 Mins.
8	Dr. Alkesh Chaudhary	Management of Dropped Nucleus	8 Mins.
9	Dr. Rajeev Gupta	Management of Re-RD Following Scleral Buckling Procedures	8 Mins.
10	Dr. Nishat Bansal	Interesting Cases of CSCR	8 Mins.

8th September, 2018, SATURDAY

SESSION : OCULOPLASTY

CHAIRPERSONS: Dr. Usha Singh, Dr. Nitin Batra, Dr. Manpreet Singh, Dr. Amit Raj, Dr. Pushpinder Kaur, Dr. Sajjad Fazili

HALL A

4:30 - 5:30 PM

1	Dr. Usha Singh	Evaluation Of Vascular Lesions	10 Mins.
2	Dr. Nitin Batra	Ocular Prosthesis-the Current Scenario In Ludhiana, Punjab	8 Mins.
3	Dr. Manpreet Singh	Endoscopic Endonasal DCR In Acute Dacryocystitis	8 Mins.
4	Dr. R.K. Bansal	Tarsal Fixation Of Silicon Sling For Ptosis Correction	8 Mins.
5	Dr. Sajjad Fazili	Silicon Tube Intubation For DCR	8 Mins.
6	Dr. Pushpinder Kaur Bhaura	Customised Ocular Prosthesis	8 Mins.
7		Discussion	10 Mins.

8th September, 2018, SATURDAY

HOYA &amp; NOVARTIS SPONSORED SESSION

HALL A

5:30 - 6:15 PM

1	Dr. Jitender Phogat	Innovation in IOL Technology	10 Mins.
2	Dr. Sumit Sachdeva	A New approach to reduce Glistening and PCO	8 Mins.
3	Dr. Rajan Gupta	AT-Lasik - Advanced Topo guided Technology from ZEISS	8 Mins.

8th September, 2018, SATURDAY

GENERAL BODY MEETING

HALL A

6:15 - 7:00 PM

**BANQUET DINNER 8:00 PM ONWARDS**

8th September, 2018, SATURDAY

SESSION: CHALLENGING CASES

JUDGES: Dr. Sushmita Kaushik, Dr. Manisha Rathi, Dr. Sujata Grover, Dr. Parul Ichhpujani

HALL B

1:30 - 2:30 PM

S. No.	PRESENTING AUTHOR	CO-AUTHORS	TITLE
7	Dr. Siddharth Duggal	Dr. Suresh Kumar, Dr. R.K. Bansal, Dr. Renuka Mahey	Axenfeld anomaly with POAG associated with CPEOM.
8	Dr. Ekta Syal		Eight and half: A Rare Neuro Ophthalmological syndrome
9	Dr. Amandeep Hans	Dr. Subina Narang, Dr. Meenakshi Sindhu	Fundus fluorescein angiography gives more information than clinical evaluation in retinopathy of prematurity
10	Dr. Nishat Bansal		Recurrent Exudative Retinal Detachment after Vitrectomy
11	Dr. Pankaj Maccani		MEDS with Type 1 Duane's retraction syndrome – Management Strategy
12	Dr. Gaurav Sanghi		Combined medical and surgical management in a case with presumed ocular tuberculosis
13	Dr. Tanu Singh	Dr. Sudesh Arya, Dr. Priya Goyal	A case of orbital cellulitis with cavernous sinus thrombosis
14	Dr. Himanshu Kashyap	Dr. Aditi Mehta, Dr. Usha Singh	Post traumatic orbital vascular malformation in a child
15	Dr. Rajwinder Kaur	Dr. Ekta Syal, Dr. Harjeet Kaur Sidhu	Persistent Hyaloid Artery With Posterior Polar Cataract In A Young Male

8th September, 2018, SATURDAY

SESSION: OPHTHALMIC PANORAMA

CHAIRPERSONS: Dr. S.P. Singh, Dr. C.S. Dhull, Dr. Narinder Taneja, Dr. Swapan Samanta, Dr. G.C. Rajput, Dr. Asha Sharma, Dr. Harjeet Sidhu

HALL B

3:00 - 4:30 PM

S. No.	FACULTY	TOPIC	TIME
1	Dr. Swapan Samanta	Community Ophthalmology In India: Past, Present And Future	10 Mins.
2	Dr. Sunandan Sood	Yoga Pranayam For Diabetics	10 Mins.
3	Dr. Ramandeep Singh	Diabetic Retinopathy For General Ophthalmologists	10 Mins.
4	Dr. Sajjad Fazili	Pellet Gun Injuries-the Tragic Story	10 Mins.
5	Dr. Amit Gupta (AMB)	Approach In A Case Of Disc Edema	10 Mins.
6	Dr. Manish Shah	Management Approach To Co-existing Cataract With Glaucoma	10 Mins.
7	Dr. Manisha Rathi	W- Trabeculotomy For Cataract And Glaucoma	10 Mins.
8	Dr. Arup Chakarwari	Iols In Glaucoma Patients Discussion	10 Mins.
9		Discussion	10 Mins.

8th September, 2018, SATURDAY

SESSION: STRABISMUS

CHAIRPERSONS: Dr. Pradeep Sharma, Dr. Kamlesh Anand, Dr. Yogesh Shukla, Dr Sudesh Arya, Dr R.K. Bansal, Dr. Neebha Anand, Dr. Reena

HALL B

4:30 - 5:30 PM

S. No.	FACULTY	TOPIC	TIME
1	Dr. Pradeep Sharma	Management of DRS	10 Mins.
2	Dr. Kamlesh Anand	Management of Infantile Exotropia	10 Mins.
3	Dr. Subash Dadeya	Recent Advances in the Management of Amblyopia	8 Mins.
4	Dr. Yogesh Shukla	Controversies in Amblyopia Management	8 Mins.
5	Dr. A.K. Khurana	Sixth Nerve Palsy an Overview and Management Strategies	8 Mins.
6	Dr. Reena	Management of DRS : A Case based Approach	8 Mins.
7	Dr. Kanwar Mohan	Surgery for Partially Refractive Accommodative Esotropia: Long Term Outcome	8 Mins.

8th September, 2018, SATURDAY

VAST : VIDEO ASSISTED SKILL TRANSFER

JUDGES: Dr. S.S. Pandav, Dr. Sangeeta Abrol, Dr. Ram Lal Sharma, Dr. Suresh Kumar, Dr. Shrishti Raj

HALL B

5:30 - 6:15 PM

S. No.	PRESENTING AUTHOR	CO-AUTHORS	TITLE
1	Dr. Natasha Gautam Seth	Dr Faisal Thattaruthody Dr. Ajay Jurangal Dr. S.S. Pandav	A novel technique for managing persistent hypotony following AADI implantation
2	Dr. Deepika Dhingra	Dr. Sushmita Kaushik, Dr. Ashish Kulshreshtha,	Worm in the Eye? Look Closely
3	Dr. Manpreet Kaur	Dr. Natasha Seth, Dr. Faisal Thattaruthody, Dr. S.S. Pandav	Use of silicon tube segment as an extender in retracted AGV tube
4	Dr. Deepika Dhingra	Dr. Arun Kumar Jain, Dr. Chintan Malhotra, Dr. Vaneet Jakhar	Capsular Tension Ring And Capsular Tension Segment For The Management Of Isolated Lens Coloboma >4 Clock Hours
5	Dr. Parul Goyal	Dr. A.K. Jain, Dr. Chintan Malhotra, Dr. Gaurav Gupta	Intraocular lens scaffold technique in a case of Morgagnian cataract
6	Dr. Meenakshi Sindhu	Dr. R.K. Bansal	Exchange of Orbital Implant: A Challenge
7	Dr. B.S. Bhaura		Evisceration and Orbit Implant surgery
8	Dr. B.S. Bhaura		Aniridia IOL implantation

9th September, 2018, SUNDAY

SESSION: CATARACT AND REFRACTIVE SURGERY

CHAIRPERSONS:

Dr. D. Ramamurthy, Dr Arun Jain, Dr. Rajinder Prasad, Dr. Mahipal Sachdev, Dr. Ashish Ahuja

HALL A

9:00 - 10:30 PM

S. No.	FACULTY	TOPIC	TIME
1	Dr. Gaurav Luthra	Smile, Lasik, PRK-Which one to choose, when and Why?	10 Mins.
2	Dr. Vineet Ratra	Astigmatism Correction In Cataract Surgery	10 Mins.
3	Dr. R.K. Bansal	ICL: An Option For Correcting Myopia	10 Mins.
4	Dr. Chitra Ramamurthy	How and Why of Iatrogenic Ectasia	10 Mins.
5	Dr. Rajinder Prasad	Hydissect: Posterior Polar Cataract Management	10 Mins.
6	Dr. Arup Chakrawarti	PC Rent-Different Scenario	10 Mins.
7	Dr. Satanshu Mathur	March To Zero Endophthalmitis	10 Mins.
8	Dr. Ramamurthy	Refractive Surgery: An overview of The Past and Where we have come Today.	15 Mins.
9	Discussion		5 Mins.

9th September, 2018, SUNDAY

SESSION : AD GROVER MEMORIAL ORATION

CHAIRPERSONS: Dr. Jagat Ram, Dr. Suresh Kumar, Dr. Subina Narang

HALL A

10:30 - 11:15 PM

S. No.	EVENT	FACULTY	TIME
1	Introduction To Dr. AD Grover	Dr. Subina Narang Secretary, COS	5 Mins.
2	Introduction of the Speaker	Dr. Suresh Kumar President, COS	5 Mins.
3	ORATION: "Pediatric Cataract Surgery: Then and Now"	Dr. Jagat Ram Director, PGIMER	20 Mins.
4	Award and Vote of Thanks		5 Mins.

**9th September, 2018, SUNDAY** **HALL A**  
**SESSION: SYMPOSIUM ON PEDIATRIC OPHTHALMOLOGY AND STRABISMUS 11:15 - 12:30 PM**  
**CHAIRPERSONS:**  
**Dr. Pradeep Sharma, Dr. Kamlesh Anand, Dr. A.K. Khurana, Dr. Subash Dadeya, Dr. Yogesh Shukla**

S. No.	FACULTY	TOPIC	TIME
1	Dr. Jagat Ram	Managing Challenging Pediatric Cataract	10 Mins.
2	Dr. Gaurav Luthra	Pediatric Cataract Surgery in Challenging Situations	8 Mins.
3	Dr. Usha Singh	Intra-arterial Chemotherapy in Retinoblastoma	8 Mins.
4	Dr. Kamlesh	A Novel Technique for The Management of Inferior Oblique Overaction	8 Mins.
5	Dr. Pradeep Sharma	Management of Nystagmus	8 Mins.
6	Dr. Yogesh Shukla	Myopia in Children-Recent Concepts and Management	8 Mins.
7	Dr. Subash Dadeya	Minimally Invasive Strabismus Surgery	8 Mins.
8	Dr. Amit Gupta	How to Tackle Large Angle Deviations? Practical Approach.	8 Mins.
9	Dr. Neebha Anand	Dissociated Vertical Deviations-Diagnosis and Management	8 Mins.

**9th September, 2018, SUNDAY** **HALL A**  
**SESSION : KERATOPLASTY TECHNIQUES 12:30 - 1:30 PM**  
**CHAIRPERSONS:**  
**Dr. Arun Jain, Dr. Amit Gupta, Dr. Ashok Sharma, Dr. Sudesh Arya, Dr. Chintan Malhotra**

S. No.	EVENT	FACULTY	TIME
1	Dr. Sudesh Arya	DALK	10 Mins.
2	Dr. Chintan Malhotra	DSAEK: Descemets Stripping Automated Keratoplasty Technique And Complications	10 Mins.
3	Dr. Amit Gupta (PGI)	DSAEK In Challenging Situations	10 Mins.
4	Dr. Arun Jain	DMEK: Descemets Membrane Endothelial Keratoplasty	10 Mins.
5	Dr. Ashok Sharma	Combined Ultrathin DSEK And Cataract Surgery	10 Mins.
6	Dr. Bhupesh Singh	Femtosecond Keratoplasty	10 Mins.

**9th September, 2018, SUNDAY** **HALL A**  
**SESSION: DEBATE LASIK VS SMILE 1:30 - 2:30 PM**  
**CHAIRPERSONS: Dr. Manipal Sachdev, Dr. Arun Jain, Dr. Anu Chakravati, Dr. Rohit Grover**

S. No.	FACULTY	TOPIC	TIME
1	Dr. Mahipal Sachdev	Why Smile Over Lasik	10 Mins.
2	Dr. Arun Baweja	Femto Lasik Complications	10 Mins.
3	Dr. Arun Jain	Complications of Lasik	10 Mins.
4	Dr. Amit Gupta	Complications of Smile	10 Mins.
5	Open House Discussion		20 Mins.

**9th September, 2018, SUNDAY** **HALL B**  
**FREE PAPERS: SESSION 3 8:30 - 10:00 AM**  
**JUDGES: Dr. C.S. Dhull, Dr. Sudesh Arya, Dr. Rajeev Gupta, Dr. G.S. Bajwa**

S. No.	PRESENTING AUTHOR	CO-AUTHORS	TITLE
1	Dr. Meenakshi Sindhu	Dr. Subina Narang Dr. Nimisha Nagpal Dr. Gurbir Gill	Initial Experience with BARC 125 I Ocu -Prosta seeds and indigenous gold plaque applicator for intraocular tumors
2	Dr. Mohit Ghai	Dr. Nitin Batra, Dr. Rupali Chopra	A Study of the effect of topical Timolol 0.5% and bimatoprost 0.03% on the ocular surface
3	Dr. Navnoor Singh	Dr. Nitin Batra, Dr. Arun Bhatti	Incidence of posterior capsular opacification with foldable acrylic and PMMA intraocular lens implantation
4	Dr. Nikita Gupta	Dr. Bindu I Somarajan, Dr. Abadh .K. Chaurasia, Dr. Viney Gupta	Clinical and molecular characteristics of juvenile normal tension glaucoma
5	Dr. Parul Goyal	Dr. Sudesh Arya, Dr. Tanu Singh	Demographic and clinical profile of dry eye patients in a tertiary eye care centre in North India
6	Dr. Reenu E Thomas	Dr. Arun Bhatti, Dr. Nitin Batra	Refractive errors in school children in Urban and Rural areas of Ludhiana, Punjab
7	Dr. Renuka Mahey	Dr. Suresh Kumar, Dr. Sanchi Vohra	Ocular surface disease- BAK preserved Vs BAK free anti glaucoma drugs
8	Dr. Rubble Mangla	Dr. Arun Bhatti, Dr. Nitin Batra	Comparative study of central macular thickness in Diabetics with different stages of diabetic retinopathy
9	Dr. Shubhneek Kaur Dhillon	Dr. Nitin Batra, Dr. Rupali Chopra	Industrial ocular trauma- A clinical and epidemiological profile
10	Dr. Siddharth Duggal	Dr. RK Bansal, Dr. Sahil Thakur, Dr. Siddharth Sharma	Clinical Profile of Blepharophimosis Syndrome in a Tertiary Care Center
11	Dr. Tanu Singh	Dr. Sudesh Arya, Dr. Priya Goyal	Demographic and clinical profile in intermittent divergent squint (IDS) in a tertiary eye care hospital in North India
12	Dr. Gaurav Sanghi		Laser treated retinopathy of prematurity(ROP): Disease profile and outcome in infants managed in Urban neonatal intensive care units.



9th September, 2018, SUNDAY

SESSION: RETINA AND UVEA, UPDATE

HALL B

11:15 - 12:30 PM

CHAIRPERSONS: Dr. Amod Gupta, Dr. Vishali Gupta, Dr. Reema Bansal, Dr. Amit Khosla, Dr. G.S. Bajwa

S. No.	FACULTY	TOPIC	TIME
1	Dr. Amod Gupta	Beware of Masquerades	10 Mins.
2	Dr. Vishali Gupta	Pars Plana Vitrectomy For Complex Diabetic Retinal Detachment	10 Mins.
3	Dr. Amit Khosla	Intermediate UVEITIS : Diagnosis & Management	10 Mins.
4	Dr. M.R. Dogra	Management Challenges in Aggressive Posterior Retinopathy of Prematurity (APROP)	10 Mins.
5	Dr. Reema Bansal	Challenging Cases In UVEITIS	10 Mins.
6	Dr. Amit Khosla	Challenging Cases In RETINA	10 Mins.
7	Dr. Subina Narang	Vision Saving Therapies For Intraocular Tumors	10 Mins.
8		Discussion	5 Mins.

9th September, 2018, SUNDAY

SESSION: GLAUCOMA UPDATE

HALL B

12:30 - 1:30 PM

CHAIRPERSONS:

Dr. Gursatinder Singh, Dr. Sushmita Kaushik, Dr. Parul Ichhpujani, Dr. Srishti Raj, Dr. Rajeev Tuli

S. No.	FACULTY	TOPIC	TIME
1	Dr. Arun Narayanswami	Anterior Segment Imaging in Glaucoma	10 Mins.
2	Dr. Sushmita Kaushik	Ultrasound Biomicroscopy in Children	8 Mins.
3	Dr. S.S. Pandav	Glaucoma Management Beyond IOP Control	8 Mins.
4	Dr. Gursatinder Singh	Refractive Surgery and Glaucoma	8 Mins.
5	Dr. Viney Gupta	Juvenile Glaucoma: Thinking out of the Box	8 Mins.
6	Dr. Rajeev Tuli	Glaucoma Management-Points to Ponder	8 Mins.
7	Dr. Sajjad Sheikh	Exfoliation Glaucoma In Kashmir Valley	8 Mins.
8		DISCUSSION	2 Mins.

9th September, 2018, SUNDAY

SESSION: BEST OF FREE PAPERS

HALL B

1:30 - 2:00 PM

JUDGES : Dr. S.K. Arya, Dr. Arun Jain, Dr. Gursatinder Singh

YOUNG ACHIEVERS SESSION

2:00-2:30 pm

**LUNCH WILL BE ONGOING FROM 1:30 - 2:30 PM**

## E POSTERS ALL DAYS

S. No.	Presenting Author	Co-Authors	Title
1	Dr. Shalika Dhand	Dr. Manisha gupta, Dr Ashish Kakkar, Dr Rupali Tyagi	To study the clinical course of adult onset Coats disease
2	Dr. Priya Goyal	Dr. R.K. Bansal, Dr. Meenakshi Sindhu	To demonstrate the importance of radiological investigation in traumatic optic nerve avulsion
3	Dr. Smith Snehal	Dr. R.K. Bansal, Dr. Subina, Dr. Meenakshi	A rare case of neurofibromatosis
4	Dr. Ann Maria Rodrigues	Dr. R.K Bansal Dr. Meenakshi Sindhu Dr. Smith Snehal	To report a rare case of sarcoidosis of orbicularis oculi presenting as lower lid mass.
5	Dr. Jyoti Deswal	Dr. A.K. Khurana, Dr. Urmil Chawla, Dr. Vandana Sharma, Dr. Nisha Bura.	Surgical management of two cases of ocular surface squamous neoplasia (OSSN).
6	Dr. Ritesh Verma	Dr. Manisha Rathi, Dr. Sumit Sachdeva, Dr. Jitender Phogat, Sr. Prof. C.S. Dhull	Phacomorphic glaucoma can mask intraocular neoplasm
7	Dr. Siddharth Sharma	Dr. Subina Narang, Dr. Meenakshi S, Dr. Smith S	Sclera buckling: still the option for RRDI
8	Dr. Jitender Phogat	Dr. Ritesh Verma, Dr. Manisha Rathi, Dr. Sumit Sachdeva Sr. Prof. C.S. Dhull	Isolated anterior capsular rupture following blunt trauma
9	Dr. Komal Singh	Dr. Mridu Aggarwal	To correlate these fundus changes with axial length of globe
10	Dr. Chetan	Dr. Sushobhan Das Gupta, Dr. Priyanka Gupta	Late onset bilateral uveitic cataract in a patient with seronegative arthritis-a case report.
11	Dr. Shorya Singh	Dr. Shorya Singh Dr. Ashish Kakkar Dr. Aeshvarya Dhawan	To describe the role of imaging in follow up of case of ocular toxoplasmosis
12	Dr. Sharat Kumar	Dr. Vinod Kashyap, Dr. M.L. Pandey, Dr. Vinay Gupta	O compare the retinal thickness of diabetic patients having diabetic retinopathy without clinically significant macular edema with non diabetic individuals using optical coherence tomography mapping software

S. No.	Presenting Author	Co-Authors	Title
13	Dr. Rohan Kapoor	Dr. Nitin Batra, Dr. Arun Bhatti	Study on the impact of hypertension in patients with diabetic retinopathy
14	Dr. Rohan Mehra	Dr. Anand Vardhan Malhotra	Relation of Grade of Pterygium with degree of Astigmatism
15	Dr. Anubhav Chauhan	Dr. Yashwant Singh Parmar, Dr. Kulbhushan Prakash Chaudhary	Osler's sign-The hidden clue
16	Dr. Kalaivani J	Dr. Aditi Mehta Dr. Usha Singh	Acute globe displacement in a child
17	Dr. Aeshvarya Dhawan	Dr. Sushobhan Das Gupta	Four petal evisceration - A novel paradigm in orbital volume management

## NORTH ZONE OPHTHALMOLOGICAL SOCIETY

PICTURE

### Membership Application Form

Name: First \_\_\_\_\_ Middle \_\_\_\_\_ Surname \_\_\_\_\_

Address for Communication (where postal mail will be sent)

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Phone (including STD code): Office \_\_\_\_\_ Resi. \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Present employment status: \_\_\_\_\_

Registration No. \_\_\_\_\_ (MCI / Name of State Medical Council) \_\_\_\_\_

Qualification	University	Year
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Proposed By: \_\_\_\_\_ Seconded By: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Membership No.: \_\_\_\_\_ Membership No.: \_\_\_\_\_

Address: \_\_\_\_\_ Address: \_\_\_\_\_

Signature: \_\_\_\_\_ Signature: \_\_\_\_\_

Declaration by the applicant

I shall abide by the regulations of the society in force and any subsequent amendments made from time to time. All information given above is true to the best of my knowledge.

I am enclosing a Demand Draft wide No. \_\_\_\_\_ dated \_\_\_\_\_ for the amount Rs.1500.00 in favor of North Zone Ophthalmological Society, payable at Chandigarh.

**Please post the completed form to:**

Dr. Suresh Kumar  
Hon. Gen. Secy. NZOS  
Department of Ophthalmology  
GMCH-32, Chandigarh-160030  
Email & Mobile : secretarynzos@gmail.com, 9646121588

Signature of the applicant



